

## General rules

Rule 1: **sportsmanship**: Players, coaches and parents will conduct themselves in a positive manner. No bad behavior or poor sportsmanship will be allowed.

ruling: depending on the situation a warning may be given.

If the situation needs more than a warning Brian or Bruce will handle it. (you may be asked to leave the grounds for the day or for the season **if** the situation warrants it).

Rule 2: **playing time**: every player that attends practice during the week or has a valid reason (family functions, school, church) not to attend practice will start on one side of the ball and play at least 50% of all games. Coaches and parents, please remember that **EVERYONE** is here to learn and play the game of football.

Please inform your coach of any absence and the reason.

(coaches please document when players are missing and reasons)

ruling: Any further problems with this issue Brian and Bruce will discuss with the parent and the coach and handle on a case by case basis.

Rule 3: **safety**: all players must have all issued equipment and mouth guard to participate in any practice or game. Please note that the first week or so we may not yet have all the available equipment for every player.

Coaches - Never let players be in contact with other players without all of the issued safety equipment.

Many of our stations are similar to those at football Camp. Therefore they may be done without helmet or shoulder pads until such time it is issued to the player.

Once a player has been issued equipment it must be worn.

Ruling: players will not be allowed to have physical contact with other players in practice or play games without all proper safety equipment.

Rule 4: **All coaches and parents please read all information given to you in your folder you received at the time of sign up / registration in regard to TYF's rules of conduct.**

Rule 5: Note to 3-4 & 5-6 parents **and** coaches:

As the season develops and players are placed on separate teams it is essential that we continue to all work at keeping all of the players learning the basics and working on the fundamentals of football. Therefore it should be noted that no games or scrimmages with other teams should be being held during the week unless scheduled by TYF. Tuesdays should be being used for stations and drills throughout the year. Thursdays should be being used to teach your team its plays, and to organize on your team who plays where for offense, defense and special teams.

### **Special teams**

Rule 1: no player will cross the line of scrimmage until the ball has been kicked off or punted. No rushing on punts. No onside kicks.  
Ruling: 3 yard penalty /replay the down.

Rule 2: Absolutely no fake punts are allowed.  
Ruling: replay the down.

### **Offense**

Rule 1: you must have 7 players on the line of scrimmage.  
Ruling: 3 yards replay the down.

Rule 2: you will not cross the line of scrimmage until the ball is snapped.  
Ruling: 3 yards replay the down.

Rule 3: 5-6 grades will snap the ball from center-3-4 and k-2 will start plays with the quarterback having the ball and starting behind center

### **Defense**

Rule 1: only the down linemen can rush /cross the line of scrimmage (maximum of 5 linemen). Absolutely no blitzing. No faking or jumping to try to draw the offense off sides.

Ruling: 3 yards replay the down.

Rule 2: Any tackling with the facemask is automatic penalty.

Ruling: 5 yards and the offending player will sit out the next 2 plays.

Rule 3: late hits after the whistle

Ruling: 3 yard penalty- offending player sits out one play.