

Tomah Youth Football

10 Tips for Parents

1. Get to know the names of the other parents and kids on the team.
2. Play an active role in planning season events for the team.
3. Be patient. It takes years for a child to build skills. A bad game or practice just isn't that important in the scheme of things.
4. Demonstrate that you take practices seriously. Show up for practices as well as games and cheer for hard work.
5. Talk with your child about practices and games only if your child wants to discuss them. Don't force car coaching discussions.
6. Play sports with your kids. Active play with parents is one of the best ways of encouraging kids to exercise.
7. Emphasize life lessons from games more than the game itself. The chances of a young player playing at professional levels are very few.
8. Enjoy the game no matter what happens. Over time, no one will remember the scores, but positive (or negative) memories will last a lifetime.
9. Enthusiasm is contagious. Enthusiasm is the best preparation before any game or practice.
10. Don't let passion for a game translate into rude behavior contrary to the goals of youth sports.